



**HEALTH ADVOCATES  
FOR OLDER PEOPLE**



**HEALTH ADVOCATES  
FOR OLDER PEOPLE**

*cordially invites you to celebrate our*

**29<sup>th</sup> Anniversary**

*honoring*

**Whitney Armstrong**

**June Costikyan**

**Father Angelo Gambatese, ofm**

**as our 2014 New York Treasures**

Tuesday, September 30, 2014

The Yale Club

50 Vanderbilt Avenue

Festive Attire

6:30pm Cocktails

7:30pm Dinner

## **PATRONS**

### **Underwriter**

Herbert and Leonard Kurz, Kurz Family Foundation

### **Sponsors**

Mr. & Mrs. Michael R. Linburn

### **Supporters**

Whitney Armstrong  
June Costikyan  
Cornelia & Stewart Clifford

### **Partners**

W. Shain Schley, M.D  
Janet Scott  
Jan & Steven Golan

### **Friends**

|                      |                      |
|----------------------|----------------------|
| Rita Arlen           | June O'Donnell       |
| Sheri & Allan Benton | St. James' Church    |
| Nancy & Ronald Carr  | Betsy & David Rowe   |
| Peggy Anne Dineen    | Ann & George Selden  |
| Linda Hartley        | Sandra & Chuck Smith |
| Wendy & George Wade  |                      |

### **Gold Ticket**

Josephine N. McFadden  
Rosalind Panepento

### **Silver Ticket**

Katharine E. Fleming  
Pat & Peter Handal  
Ellsworth G., Stanton III

## 2014 New York Treasures

**Whitney Armstrong** has devoted her life to community service. At the New York Junior League, she has worked on dozens of committees, including serving on its Board of Managers. A member of the Sustainer Committee for more than 20 years, Bunty also serves on the Thanksgiving Eve Ball Committee. She has volunteered for the Foundling Hospital, and served on the Boards of the Women's Prison Association, the Children's Art Carnival, the Vanderbilt Branch of the YMCA and the National Horseshow. Actively engaged in the cultural life of the city with her late husband, Tom Armstrong, she has also served on museum committees. She has been honored with the top awards of the New York Junior League (Outstanding Sustainer) and the Women's Prison Association (the Isaac T. Hopper Award).

**June Costikyan** shares her family's long tradition of serving the community. While living in Montclair and Chatham, New Jersey, June was active in the YMCA, the Community Chest, the American Red Cross and the League of Women Voters. In New York, she has been very active on the vestry of the Church of the Heavenly Rest, where she worked on the Shelter and Outreach Committees, and on the Board of the Jericho Project. Professionally, June works at Restoration by COSTIKYAN, specializing in the care of fine weavings from historic house museums, and has been awarded The Laurel Award by the Preservation Society of Newport County. The mother of a daughter, Priscilla Cronin, and three sons, Peter, Phillip and Clarke Cronin; she is also step-mother of Charles and Thomas and grandmother to six grandchildren. June has been an active member of the Health Advocates Board since 2011.

**Father Angelo Gambatese, ofm** was the Pastor of St. Stephen of Hungary parish from 2001 to 2013. A member of the Franciscan Order, Father Angelo has devoted himself to service; as a counselor at a substance abuse rehabilitation facility, chair of the philosophy department at St. Bonaventure University, principal of a Catholic high school in Syracuse, and a Parish Priest before coming to St. Stephen's. In his time as Pastor, Father Angelo created and advanced many programs within the Parish and the community, welcoming homeless men with an overnight shelter and food, establishing Thanksgiving dinners at the church, creating a Farmer's Market, and implementing a turn-around plan for St. Stephen of Hungary's school, which won citywide awards.

## Benefit Committee

Daniel Entwistle, *Co-Chair*

Wendy Wade, *Co-Chair*

Maura Beattie  
Nancy Carr  
Anne Davidson  
Cornelia Clifford  
Stewart Clifford  
Peggy Anne Dineen  
Danielle Dineen Earls  
Marc Farina  
Jo Garfield  
Linda Hartley

Robert Helbig  
Steven Krohn  
Herbert Kurz  
Leonard Kurz  
Diane Lansing  
Pat and Joe Maloney  
Marcella Maxwell  
Jeanne McAnaney  
Josephine McFadden  
Rosalind Panepento

Helen Pennoyer  
Laura Reid  
Leslie Rupert  
Shain Schley  
Jeri Sedlar  
Evelyn Silla  
Margot Slater  
Ellsworth G. Stanton III  
Renate Von Boyens  
Marguerite Yates

## Board of Directors

### *Officers*

Linda Hartley, *President*  
Josephine N. McFadden, *1st Vice President*  
W. Shain Schley, M.D., *2nd Vice President*  
Sandra Myers Smith, *3rd Vice President*  
Kimberly Evans, *Treasurer*  
Gwendolen L. Wade, *Secretary*

Nancy Houghton, *Executive Director*

### *Members at Large*

Nancy Carr  
June Costikyan  
Anne S. Davidson  
Peggy Anne Dineen  
Catherine J. Doyle  
Tim Eland  
Daniel Entwistle  
Robert E. Helbig  
Steven R. Krohn  
Michael R. Linburn  
Wolf Popper  
Laura J. Reid  
David L. Rowe  
Evelyn Angevine Silla  
Marguerite Yates

## Honorary Board Member

Friedhilde H. Milburn, *Founding President*

## Advisory Board

Jeri Sedlar, *Chair*

Rosemary Bakker  
Joseph B. Breed IV  
Rev. Mark Collins  
Jeanne Dennis  
Danielle Dineen Earls  
William J. Dionne  
Kate Fischer  
Rev. Bruce Forbes  
Pat Girardi  
Sally Hallows  
Helen R. Hamlin

Rev. Douglas King  
Brian Kravitz  
Rev. Douglas Kurtz  
Alexis Leven  
Marcella Maxwell  
Helen Miller  
Gabrielle Morandiere  
Nancy N. Ost  
Helen B. Pennoyer  
Nancy Ploeger

Father Boniface Ramsey  
Linda C. Rice  
Bishop Andrew St. John  
John Shannon  
Carole Sleeper  
Rev. Ginger Strickland  
Szilvia Tanenbaum  
Elizabeth Timberman  
Anthony Watson  
Kim Wittmer

## HEALTH ADVOCATES FOR OLDER PEOPLE

HEALTH ADVOCATES for Older People, Inc. is a 501 (c)(3) non-profit organization benefiting community seniors since 1985. We promote healthy aging through free daily exercise classes in many city neighborhoods and our Home Therapeutic Modification Specialist provides home safety assessments, help-ing seniors remain safely in their own homes. Our programs enrich the lives of older people with the tools, techniques and support they need to age with independence and vitality.

Our HEALTHY AGING PROGRAM provides senior wellness and socialization activities 6 days a week, 52 weeks a year. The weekly Tai-Chi, Arthritis Exercise, Chair Yoga, Alexander Technique, Reiki and Ballroom Dancing classes all promote strength, flexibility, and balance to keep us upright and mobile as well as provide mental stimulation to exercise the mind. Friday bridge, Saturday matinee movies and Meet the Author programs provide fun and companionship. Educational and health seminars like our Nutrition Series, Living Comfortably and Safely At Home and those provided on Saturday morning by the New York Junior League remind seniors of the important part they can play in their health and wellness. Our Emergency Pet Program provides care for pets when their senior owners have a crisis and our Equipment Exchange Program provides gently used wheelchairs, walkers and canes for community seniors when needed.

We sponsor the VOLUNTEER PROGRAM, which organizes volunteers ranging in age from 9 to 90 to provide services, and support such as appointment escorts, friendly visits, telephone calls to say hello and to remind participants of up-coming programs. Many Healthy Aging Program participants also volunteer countless hours that keep our programs running smoothly by sending out the monthly calendar to our 780 program participants, sending a personal birthday greeting card to each participant and providing administrative support.

### Past Treasures

Charlotte Armstrong  
Sally Ball  
C. Wayne Bardin  
Martin Bergman  
Chester Burger  
Cornellia Clifford  
Stewart B. Clifford  
Matilda Cuomo  
Edward Cardinal Egan

Peggy Anne Dineen  
Johanna Garfield  
Roy M. Goodman  
Kitty Carlisle Hart  
Eugene A. Hegy, Jr.  
Huyler C. Held  
Herbert Kurz  
Marcella Maxwell  
Josephine N. McFadden

Peter G. Peterson  
W. Shain Schley, M.D  
Muriel Siebert  
Evelyn Angevine Silla  
Margot Slater  
Ellsworth G. Stanton III  
Gwendolen L. Wade  
Marguerite Tabor Yates

**HEALTH ADVOCATES  
FOR OLDER PEOPLE**

**29th ANNIVERSARY GALA BENEFIT  
Tuesday, September 30, 2014**

Please Respond by September 18, 2014

\_\_\_\_ Yes, I/we will be pleased to attend

Name(s) \_\_\_\_\_  
*(Please print your name(s) as you wish to be listed)*

Address \_\_\_\_\_  
City State Zip

Phone \_\_\_\_\_  
Email \_\_\_\_\_

**PATRON TICKET (ALL LEVELS INCLUDE LISTING IN BENEFIT JOURNAL)**

- \_\_\_\_ **\$25,000 Angel Level** 2 Premier tables for 10 and Full-Page Ad in the Journal
- \_\_\_\_ **\$15,000 Underwriter Level** Premier table for 10 and Full-Page Ad on the Back Cover of the Journal
- \_\_\_\_ **\$10,000 Benefactor Level** Premier Table for 10 and a Full-Page Ad in the Journal
- \_\_\_\_ **\$5,000 Sponsor Level** Premier Table for 10 and a Half-Page Ad in the Journal
- \_\_\_\_ **\$2,500 Supporter Level** 6 VIP Tickets and a Quarter-Page Ad in the Journal
- \_\_\_\_ **\$1,500 Partner Level** 4 Tickets
- \_\_\_\_ **\$700 Friend Level** 2 Tickets

**SINGLE PATRON TICKET (ALL LEVELS INCLUDE LISTING IN BENEFIT JOURNAL)**

- \_\_\_\_ **\$1,000** Gold Ticket    \_\_\_\_ **\$300** Single Ticket  
\_\_\_\_ **\$500** Silver Ticket    \_\_\_\_ **\$200** Junior Ticket (35 years & younger)

I am unable to attend but enclosed is my donation of \$ \_\_\_\_\_

**GALA BENEFIT JOURNAL ADVERTISING**

**Deadline September 12, 2014  
(camera ready art requested)**

- \_\_\_\_ **\$1,500** Inside Cover Page (5.5"w x 8.5"h)  
\_\_\_\_ **\$1,000** Full page Ad (5.5"w x 8.5"h)  
\_\_\_\_ **\$500** Half-Page Ad (5.5"w x 4.25"h)  
\_\_\_\_ **\$250** Quarter-Page Ad (2.75"w x 4.25"h)

Please make your check payable to:

**Health Advocates for Older People, Inc.**

For credit card please circle: American Express, MasterCard or Visa

Account Number: \_\_\_\_\_ Exp: \_\_\_\_\_

Name on Card: \_\_\_\_\_

Signature: \_\_\_\_\_

*For further information, please call 212-980-1700 or email  
info@hafop.org*

**Tuesday, September 30, 2014  
The Yale Club  
50 Vanderbilt Avenue**