

Seasoned Friars Retreat

A Practical & Spiritual Approach Toward a Hopeful Future

2014 Franciscan Inter-Familial Friars Retreat

San Pedro Center e Winter Park, Florida e November 03-07, 2014

This retreat opportunity is being jointly sponsored by the OFM Franciscan Provinces of The Assumption of the Blessed Virgin Mary, Our Lady of Guadalupe, Sacred Heart and St. John the Baptist.

❁ Friars from the Three Franciscan Branches (OFM Conv., OFM Cap., OFM) are invited to participate.

Our Presenters

Fr Myles Sheehan, SJ was named Provincial of the New England Province of Jesuits on July 31, 2009. He joined the New England Province of Jesuits in 1985, made his novitiate at St Andrew House in Boston, MA and was ordained to the priesthood in 1994. On April 22, 2005, he professed Solemn Vows in the Society of Jesus. Fr. Sheehan graduated from **Dartmouth Medical School in 1981**. He received further **training in Geriatrics from the Harvard Geriatric Fellowship Program from 1989 to 1991**. Fr. Sheehan also has a **M.A. in Philosophy/Health Care Ethics from Loyola University** of Chicago. He was awarded a Brookdale Foundation **Fellowship in Geriatrics** from 1999-2001. He also received a faculty fellowship from the *“Project on Death in America”* and developed the *“Recovering our Traditions”* curriculum, aimed at improved end of life care in the Catholic community.

Br. Craig Wilking, OFM is a Franciscan Friar of Assumption Province, Franklin, WI. He served as a member of the **Provincial Council from 2002 to 2011**. He is a member of the **Province Wellness Committee**. Br. Craig is a **Registered Nurse** and had worked in the acute care setting for twenty years before entering Religious Life. More recently, he has worked in **primary care from 2001 to 2012 providing health care for the homeless at Heartland Health Outreach, Chicago, IL**. Br. Craig currently serves as **Guardian, St. Francis Friary and Development Director of St Francis Mission in Greenwood, MS**.



San Pedro Retreat Center is located 15 miles from the Orlando International Airport. The Center is staffed and operated by the TOR Franciscans. It is on 480 acres of protected wetlands and lush Florida forests, the facility provides a perfect atmosphere where one can get away from the constant demands of everyday life. Rooms are air conditioned and heated; all have private bathrooms. There is a nature walk through the forest which leads to a private lake.

A direct shuttle service is available from the Orlando Florida International Airport to the Retreat Center.

Contact Premier Royal Shuttle for shuttle information: 407-256-6306

About the Retreat . . .

The **Spiritual Component** of this retreat will be offered by **Fr. Myles**. Some of the **topics to be discussed** will be: Changes in Health and Franciscan Poverty • We Die as We Live – How am I Living Now? • The Little Deaths in Our Lives (*e.g. passing of our parents, changes of assignments, illnesses, giving up car keys, etc.*) • Changing Spirituality and Changing Prayer in our Lives as we get older • Our vows – how are they aging with us? • Sexuality and Aging (*Internet porn, sexual arousal, etc.*) • Acknowledging changes in my body, mind and spirit – what are the changes telling me? • Living purposefully and deliberately • Ghosts of the Past – Reviewing our Lives

The **Practical “Hands On” portion** by **Br Craig** will have such topics as: How to take healthy charge of my life • How to know when to let go (*of my independence*) • Power of Attorney • Dealing with increased physical limitations • Negotiating a proper diet in your community • Support Groups for various issues • Boundary Issues – Respect for the Individual Friar – Confidentiality • Relationships with lay employees and care givers.

Retreat Dates: November 03-07, 2014

Deadline for Registration October 24, 2014

COST is \$475.00 for a Single Private Room with bath and all meals and evening snacks beginning with Monday evening light dinner and ending with the Friday morning breakfast. Closing with a Mass at 9:00 AM.

Shuttle Service to Retreat Center (16 miles from airport) is available from Orlando Airport from Premier Royal Shuttle Service 407-256-6306

Registration (Province Membership) _____

Name _____ Street Address _____

City _____ State _____ Zip _____ Phone _____

☛ ___ First Floor Room ☛ ___ Second Floor OK — *No Elevator* ♦ Email Address _____

Please send **Registration** with **\$475.00** check payable to **FRIAR RETREATS**,
P.O. Box 12395, Albuquerque, NM 87195